



## **Mental Health: Building a Resilient Organization**

In 2019, job-related burnout was officially recognized as a mental health concern by the World Health Organization (WHO). Stresses brought on by the pandemic have only exacerbated mental health related issues, balancing changes at home and in the workplace have been overwhelming to staff and to our organizations. When I talk to SUNY employees throughout our system, the refrain I hear is that most are working within changing leadership environments, are short staffed in people and resources and have an ever-increasing workload.

"A healthy workplace is one in which employees and their leaders actively work together to create a work environment that promotes and protects the health, safety and well-being of all employees. Creating a workplace environment that recognizes, acknowledges and promotes the importance of positive mental health is one of the most important things an employer can do to improve their organization." [Visit this Guide from Indeed Promoting Mental Health in the Workplace: A Guide](#) to find out about the importance of creating work environments that support a mentally healthy workforce.

Let us create environments where we can talk about mental health and resources with colleagues; it will help us to, together, create more resilient organizations. Take some time this summer for either a vacation or staycation to do what allows for your spirit to be renewed, so that we may be ready to serve our students and communities this Fall.

- Lisa Raposo, *Interim Director*



State University of New York  
Student Information and Campus Administrative Systems

### SICAS Summit 2022 - Use CPD Membership Points!

SUNY CPD is proud to partner with the SICAS Center to enable the use of **both CPD General and Technical Points to pay for registration fees** associated with attending this year's SICAS Summit. The SICAS Summit takes place on **September 21-22, 2022** at the Niagara Falls Convention Center. This event brings together a community of technical and functional-area professionals who use **Banner and/or Degree Works Software**.

[Learn More](#)



### SUNY Research Foundation and CPD Scholarships

The RF, in partnership with the SUNY Center for Professional Development (CPD), offers merit-based scholarships to programs offered by the CPD, including Grant Writing Basics, Web Development, and Copyright in Today's Academic World.

RF or SUNY employees including but not limited to, faculty, postdoctoral scholars, research assistants, sponsored program administrators, as well as fellows, are eligible to apply. Award amounts vary depending on the cost of the CPD program. To be eligible for scholarships, applicants must apply from a campus with current RF activity.

To apply, complete an online application and obtain required approval signatures. Submit your completed application to [Learning@rfsuny.org](mailto:Learning@rfsuny.org).

[Learn More](#)

## **ITS OTTER INSTITUTE WEEK!**

### ***Online Teaching: Technology & Educational Resources***

**July 25 - July 28**

This week marks the second annual OTTER Institute. This year will focus on SUNY's new Digital Learning Environment - Brightspace. The OTTER Institute is FREE for all SUNY Campuses and will cover the following Brightspace topics:

- \* Design Considerations
- \* Brightspace Document Templates
- \* Getting Started Module
- \* FAQs & Glossary
- \* Rubrics
- \* Groups
- \* Discussions
- \* Assignments
- \* Quizzes
- \* Pulse App
- \* IM & Email
- \* Attendance & Checklists
- \* Awards/Certificates

Register to attend and receive session resources and recordings.

**[REGISTER for OTTER](#)**





**Chris Price**  
**Academic Programs Manager**  
**SUNY CPD**

*Faculty Development and the Department Chair*

SUNY CPD's **Chris Price**, along with his colleagues **Ann Hawkins**, Assistant Provost for Graduate Education and Research at SUNY System Administration, and **Eileen Angelini**, Associate Dean for the School of Graduate Studies at Empire State College published an article this month in the Summer issue of the *The Department Chair* (v.33 issue 1 - Online ISSN:1936-4393 Edited By: Carolyn Allard).

The article entitled *The SAIL Institute's Department Chair Virtual Academy, Part 3: How can chairs support faculty development?* provides practical recommendations on how Chairs can integrate faculty development to the benefit of the individual faculty member, their department and the overall institution.

[Read the Publication Here](#)

A dark blue banner with a diagonal light blue and white streak. The text "SUNY TECH TALKS" is written in large, bold, white capital letters.

## SUNY TECH TALKS

On the last Wednesday of each month, please join us for the SUNY Tech Talks, a collaboration between the SUNY Center for Professional Development and Microsoft to benefit our SUNY technical communities.

Each month will have a different topic and will allow time for the attendees to ask questions of the presenters, share best practices and brainstorm solutions to SUNY's current and upcoming technical challenges. Each event will be recorded and recording links will be

upcoming technical challenges. Each event will be recorded and recording links will be posted within 48 business hours to the event website for offline viewing.

Please make sure that you visit the Tech Talks Schedule page to see the upcoming meetings for this series and to download an .ics file to add future instances to your Outlook/Google calendar. Please note that there is no registration for this series and .ics files is where you will find the connection information for each of the meetings in the series.

Visit the SUNY TECH TALKS Website to view recordings of previous events.

[View the SUNY TECH TALKS Website](#)

## **REGISTER TODAY ! SUNY CPD Certificate Programs and Courses**

The CPD offers a wide variety of certificate programs and courses for staff and faculty. Discounts are offered for those who register for three courses in the same program at the same time. Questions can be directed to Chris Price, SUNY CPD Academic Programs Manager, [chris.price@suny.edu](mailto:chris.price@suny.edu)

Registration is currently open for the following programs for courses that begin on **August 30, 2022**

[Assessment of Learning Outcomes Certificate](#)

[Career Readiness Champion Certificate](#)

[Diversity, Equity, and Inclusion in Teaching and Learning Certificate](#)

[Grants and Proposals Course](#)

[Institutional Effectiveness Certificate](#)

[Online Student Supports Certificate](#)

[Online Teaching Certificate](#)

[Teaching and Learning Certificate](#)





## CONGRATULATIONS!

**Please join us in recognizing the following people for earning their Institutional Effectiveness Certificate this Spring.**

- Maggie Cohen            Rockland Community College
- Kathy D'Aprix            Onondaga Community College
- Kathleen Gradel            SUNY Fredonia
- Courtney Raeford            SUNY Old Westbury
- Edwin Rivadeneyra            Rockland Community College
- Kim Irland            North Country Community College
- Ashari James            Rockland Community College
- Suzanne Hickey            Rockland Community College
- Lindsay Bryde            SUNY Empire State
- Judith Horowitz            SUNY Fredonia
- Rebecca Nadzadi            SUNY Cortland
- P Gibson Ralph            SUNY Brockport
- Michael Webb            Upstate Medical University
- Xiao Zhang            SUNY Fredonia



## CALL FOR Proposals is open!

You can still submit a presentation to the **SUNY SPECTRUM Conference**. The submission deadline has been extended to **July 31st**.

[Learn more](#)



SAVE **NOVEMBER 4-5, 2022** to attend the Conference **Open and Public: Using digital tools to transform learning and foster community engagement** to be held at SUNY Oneonta

[Info coming soon!](#)



The SUNY CPD Delivery and Services Team, working "behind the scenes" at SUNY CIT to support both the online and in person audiences at SUNY Oswego. Thank you for all of your work during a busy SUNY End-of-the-Year Conference Season.

## **[VIEW OUR COMPLETE PROGRAM CALENDAR](#)**

SUNY Center for Professional Development

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